



## How We've Made A Difference

May 12, 2010

### **Get Health Pensacola! Open House**

*Get Healthy Pensacola!* presented its annual community open house on Wednesday, May 12, 2009 from 11am to 1pm in the Medical Meeting Rooms of Baptist Hospital. This free community event was held to promote the *Get Healthy Pensacola!* wellness program and provide free health screenings and health education information.

142 people attended. The following free health screenings were performed: 56 heart risk assessments, total cholesterol screenings and blood pressure checks and 50 blood glucose screenings. In addition, GHP! business sponsors such as Bodyworks Massage that provided free chair massages, Pilates Core Training that did posture evaluations, Tiger Rock Taekwondo Academy, Pensacourt and Belk that provided free makeovers and a grand prize gift basket.

91 people completed a survey that provided demographic information about the people attending. It also was a tool for people to request assistance in finding a physician, to sign up for a free mammogram e-reminder and to request health information from our service lines. Additionally, 41 people signed up for a *Get Healthy Pensacola!* membership.