



## How We've Made A Difference

April 17, 2010

### **1<sup>st</sup> Annual Gulf Coast Health Source Expo 2010**

The Gulf Coast Health Source Expo presented by Baptist Health Care was held on April 17 at Pensacola Junior College. The Health Source Expo allowed Baptist Health Care the opportunity to interact with the community and provide free health screenings and education information. Over 1,500 people attended this event. Health screenings that were provided included 35 prostate screenings, 118 blood glucose screenings with 32 positive screens, 195 osteoporosis heel scans, 200 heart risk assessments with blood pressure and total cholesterol checks and 147 body fat analysis. 178 online health risk assessments were administered to participants and included BMI risk assessment, peripheral vascular disease, sleep disorder screening and a stroke risk assessment.

Hundreds of people attended health education seminars at the Expo. Speakers from Baptist Health Care also shared information that included "Female Urology", "Panty hose & Credit Cards: Tips for Beach Safety", "Treatment Options for Arthritis", "Managing Colds & Virus on a Budget" and "What Cancer Questions Should You Ask Your Doctor." 104 people signed up for Get Healthy Pensacola! and GoldenCare memberships. 187 people completed a survey that provided us with demographic information. This was also a tool for people to request assistance finding a physician and to sign up for a mammogram e-reminder.

Over 30 employees worked at the Health Source Expo to ensure the event was a success.