



How We've Made A Difference

September 21, 2009

17th Annual Family Expo

Building Stronger Families for a Healthier Community was the theme of Baptist Health Care's 17th annual Family Expo that was held on Saturday, September 19 from 9am to 3pm at the Pensacola Interstate Fairgrounds. Family Expo is integral to Baptist Health Care's continued effort to improve the quality of life and foster healthy families in our community. At one location, over 4,000 adults and children participated in free health screenings and enjoyed family activities. Hundreds of free health screenings were performed that included 109 heart risk assessments, total cholesterol and blood pressure checks, 92 stroke risk assessments, 175 blood glucose screenings, 160 body composition analysis, 200 osteoporosis heel scans, and 52 speech screenings for children.

Other highlights of the day included a Junior Surgeon booth and hand-washing germ station to show kids how to properly wash their hands, face painting by Rainbow the Clown, chair massages, sporting events on the outfield, tours of the Baptist LifeFlight helicopter, karate demonstrations, stage entertainment including a back to school fashion show and animal exhibit plus popular costume characters were onsite including Clifford the Big Red Dog, the PBS Kids, the Chick-fil-A cow and Veggie Tales.

Many attendees donated food for Manna Food Pantries and participated in a blood drive at the American Red Cross Bloodmobile.

Thank you to our Baptist Health Care volunteers. Over 100 employees worked at Family Expo to ensure the day was a success.