



Christina Weiss
Heart Attack Survivor

**Join us for the
Little Red Dress Event**

Thursday, February 3, 11:30 a.m.
Bonefish Grill, 5025 N. 12th Ave.

To celebrate National Heart Month, Baptist Health Care is raising awareness about women's heart health. Join us for a special forum with Thanh Ha Duong-Wagner, M.D., Cardiologist

Seating is limited. Call 850.469.7420 to make your reservation. Tickets are \$25 each.

Proceeds will go to the Baptist Health Care Foundation to support heart and vascular programs and services.

**I THOUGHT I WAS TOO YOUNG
TO HAVE A HEART ATTACK.**

I was 35 and had a heart attack – nothing that I ever expected. I led a healthy lifestyle so was totally shocked. I woke up feeling chest pain but took my son to school and went to work. I tried to ignore the symptoms until I started having trouble breathing, pain in my back and numbness in my arms. From the time I arrived at the Baptist Hospital Emergency Room through my hospital stay, the entire staff was so caring and concerned. They explained everything to me and my family and made us feel comfortable. Thanks to Baptist, today I feel great and am looking forward to a healthy future! For more on Christine's story, visit www.eBaptistHealthCare.org/Heart.

Contact the regional experts in cardiovascular care – Baptist Health Care and Cardiology Consultants. Call **850.484.6500** or visit us online to make a doctor appointment. Ask for us by name.