

# BAPTIST HEALTH CARE COMMUNITY WELLNESS EVENTS

# FEBRUARY

Baptist Health Care  
Celebrating **60** Years

## COMMUNITY BENEFIT

### Heart Smart Living

Since 1963 we have observed American Heart Month during February. Cardiovascular diseases, including stroke, are our nation's No. 1 killer. The onset of heart disease can begin years, even decades before the symptoms appear. Join us to learn about the latest advances in heart and vascular care.

**James Lonquist, M.D.**  
Cardiology Consultants  
Wed., Feb. 9, noon – 1 p.m.  
Baptist Hospital,  
Medical Meeting Rooms

**W. Henry Langhorne, III, M.D.**  
Cardiology Consultants  
Tues., Feb. 15, noon – 1 p.m.  
Andrews Institute Athletic  
Performance & Research Pavilion  
Conference Room B

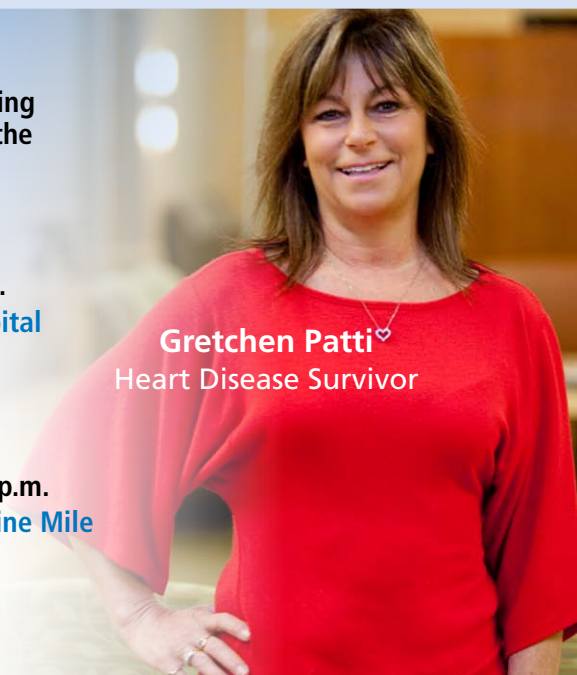
**Ian Weisberg, M.D.**  
Cardiology Consultants  
Wed., Feb. 23, 9 – 10 a.m.  
Atmore Community Hospital  
Mayson Auditorium

**J. Christian Allmon, M.D.**  
Baptist Medical Group  
Fri., Feb. 11, 9 – 10 a.m.  
Baptist Medical Park – Navarre  
2<sup>nd</sup> Floor Conference Room

**Luther Carter, M.D.**  
Cardiology Consultants  
Wed., Feb. 16, 9:30 – 10:30 a.m.  
Jay Hospital, Royal Room

**Muthu Velusamy, M.D.**  
Cardiology Consultants  
Thurs., Feb. 24, noon – 1 p.m.  
Baptist Medical Park – Nine Mile  
Azalea Room

To register or for more information, call 850.469.7897.



**Gretchen Patti**  
Heart Disease Survivor

## WEIGHT-LOSS

### Meet the Doctor

This forum provides information for anyone interested in weight-loss surgery or other non-surgical treatment options for obesity, and the comprehensive Bariatric services offered at Baptist Hospital.

**Jeffrey Friedman, M.D.**  
Tues., Feb. 22, 6:30 – 8 p.m.  
Baptist Hospital, Medical Meeting Rooms

To register, call 877.469.7500, option 3.

## ADDICTION

### Pain Medication Addiction: A Promising New Treatment

Join us for this Dinner with the Doc. Presented by Terry Ptacek, M.D. Family Practice and Addictionology

Thurs., Feb. 24  
5:30 p.m. dinner; 6 p.m. program  
Baptist Medical Park – Nine Mile  
Azalea Room

To register or for more information, call 850.469.2121.

## NEUROSCIENCES

### FREE Memory Screenings

Each Monday, from 8 a.m. – 4 p.m., the Baptist Memory Disorder Clinic provides free memory screenings. Screenings are approximately thirty minutes.

For more information, call the Baptist Memory Disorder Clinic at 850.208.6180.

## WALK-IN CARE

### Cold or Flu Symptoms?

Baptist offers fast, convenient access to quality medical care for your cold and flu symptoms. Just visit one of our family medicine, internal medicine or urgent care centers listed below. No appointments needed!

Nine Mile Rd, Walk-In Care 850.208.6130  
North Hill, Internal Medicine 850.437.8650  
Perdido, Internal Medicine 850.437.8686  
Pace, Family Medicine 850.995.4244  
Navarre, Family Medicine & Walk-in Care 850.437.8800

To learn more, call or visit [BaptistMedicalGroup.org](http://BaptistMedicalGroup.org).



## Little Red Dress Event

### Caring for a Woman's Heart

presented by Thanh Ha Duong-Wagner, M.D., cardiologist

Wed., Feb. 23, 11:30 a.m. to 1 p.m.  
Bonefish Grill, 5025 N. 12th Ave.

Wear your red dress and join Baptist for a fun, informative lunch. For tickets, call 850.469.7906. Tickets are \$20 each.

## BUILDING A BETTER BAPTIST

Find information on campus renovation and expansion projects along with parking updates. Visit us at [www.BuildingABetterBaptist.com](http://www.BuildingABetterBaptist.com)